Amendments to the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

- 1. (Currently Amended) A health food product comprising cholic acid at a daily dose of 10-1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily does of 10-1 to 500 mg.
 - 2. (Canceled)
- 3. (Previously Presented) The health food product of claim 1, wherein the isoflavones are soybean isoflavones and the isoflavone glycosides are soybean isoflavone glycosides.
- 4. (Previously Presented) The health food product according to claim 1 further comprising a vitamin.
 - 5. (Canceled)
- 6. (Previously Presented) The health food product according to claim 1 further comprising at least one member selected from the group consisting of Ginseng (Panax Ginseng or Ginseng Radix; Panax ginseng C.A. Mey.), Codonopsitis Radix (Codonopsis pilosula (Franch.)Nannf.), Psuodostellariae Radix (Pseudostellaria heterophylla (Mig.) Pax ex Pax et Hoffm.), American Ginseng (Panax quinque folium L.), Astragali Radix (Astragalus membranaceus Bge.), Atractylodis Rhizoma (Atractylodes macrocephala Koidz. (A. ovata A.P.DC.)), Dioscoreae Rhizoma (Dioscorea batatas Decne.), Glycytrhia (Glycyrrhizae Radix; Glycyrrhiaza uralensis Fisch.)), Jujube Fruit (Zizyphi Fructus, Zizyphus vulgaris; Zizyphus jujuba Mill.), Dulcium (malt sugar derived from Oryza seed; Saccharum granorum), Polygonati Rhizoma (Polygonatum sibiricum Red.), and Codonopsis lanceolata Benth. et Hock. fil.
- 7. (Withdrawn) The health food product according to claim 1 further comprising at least one member selected from the group consisting of *Crataegi Fructus* (*Crataegus*

pinnatifida Bge. rar. major N.E.Br., Crataegus pinnatifida Bge., and Crataegus cuneata Sieb. et Zucc.), Massa Medicata Fermentat, Raphani Semen (Rophanus sativus L.), Fructus Hordei Germinatus (Hordeum_vulgare Linné), Fructus Oryzae Germinatus (Oryza sativa L.), Galli Stomachichum Corium (Gallus gallus domesticus Brisson), and Asa Foetida (Ferula assafoetida Regel).

- 8. (Previously Presented) The health food product according to claim 3 further comprising a vitamin.
- 9. (New) A health food product consisting of cholic acid at a daily dose of 1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily does of 1 to 500 mg.
- 10. (New) The health food product of claim 9, wherein the isoflavones are soybean isoflavones and the isoflavone glycosides are soybean isoflavone glycosides.
- 11. (New) The health food product according to claim 9, further consisting of a vitamin.
- 12. (New) The health food product according to claim 9, further consisting of at least one member selected from the group consisting of Ginseng (Panax Ginseng or Ginseng Radix; Panax ginseng C.A. Mey.), Codonopsitis Radix (Codonopsis pilosula (Franch.)Nannf.), Psuodostellariae Radix (Pseudostellaria heterophylla (Mig.) Pax ex Pax et Hoffm.), American Ginseng (Panax quinque folium L.), Astragali Radix (Astragalus membranaceus Bge.), Atractylodis Rhizoma (Atractylodes macrocephala Koidz. (A. ovata A.P.DC.)), Dioscoreae Rhizoma (Dioscorea batatas Decne.), Glycyrrhia (Glycyrrhizae Radix; Glycyrrhiaza uralensis Fisch.)), Jujube Fruit (Zizyphi Fructus, Zizyphus vulgaris; Zizyphus jujuba Mill.), Dulcium (malt sugar derived from Oryza seed; Saccharum granorum), Polygonati Rhizoma (Polygonatum sibiricum Red.), and Codonopsis lanceolata Benth. et Hock. fil.

- 13. (New) The health food product according to claim 9, further consisting of at least one member selected from the group consisting of *Crataegi Fructus* (*Crataegus pinnatifida* Bge. rar. major N.E.Br., *Crataegus pinnatifida* Bge., and *Crataegus cuneata* Sieb. et Zucc.), *Massa Medicata Fermentat*, *Raphani Semen* (*Rophanus sativus L.*), *Fructus Hordei* Germinatus (Hordeum_vulgare Linné), *Fructus Oryzae Germinatus* (Oryza sativa L.), Galli Stomachichum Corium (Gallus gallus domesticus Brisson), and Asa Foetida (Ferula assafoetida Regel).
- 14. (New) The health food product according to claim 10, further consisting of a vitamin.